

Glenholme

Passionate about care



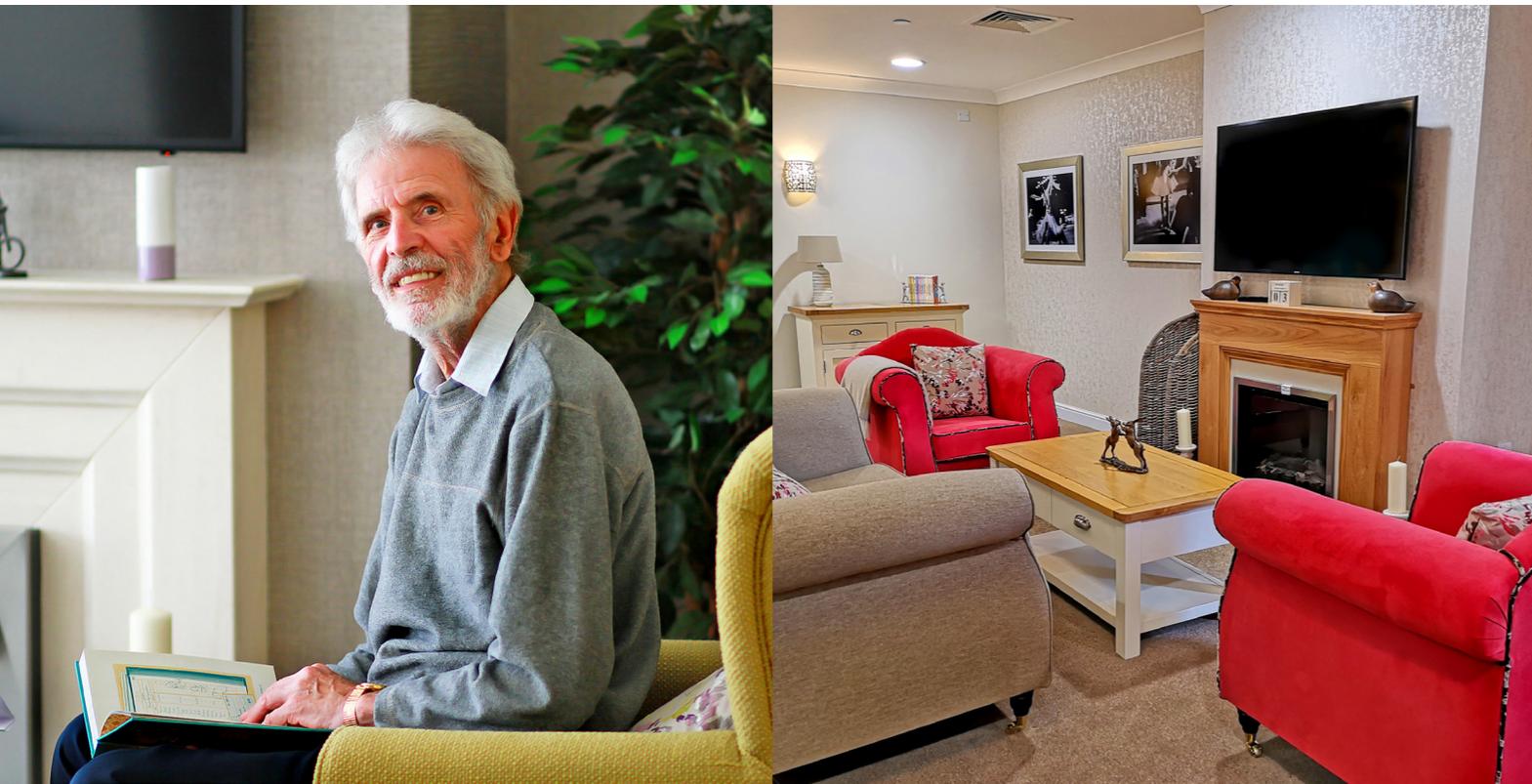
HOLDINGHAM GRANGE
SLEAFORD

Senior Living

THE HOME

Situated on the outskirts of the historic town of Sleaford, Lincolnshire and surrounded by dozens of well-maintained green spaces, Holdingham Grange is a lovingly designed residence offering a spacious and luxurious environment that is perfect for older people with care needs looking to achieve a relaxing lifestyle and retirement.

The home provides **residential, nursing, dementia, and respite** care.



THE CARE

We understand that each person is unique and we work with everyone with that in mind. You will be supported and encouraged to make choices about the things that are important to you. These are the things that will influence how we support you in your new home; Holdingham Grange.

Our dedicated team is on hand 24-hours a day to ensure you always feel supported. We provide onsite nursing care and link with the local GP, District nurses and other outside agencies to ensure your physical and emotional wellbeing is maintained.

For those living with dementia, at Glenholme our dementia care is guided by the National Dementia Strategy. In our spacious dementia wings, the space is designed to assist with orientation. Points of interest can be found in communal areas which provide opportunities for meaningful activity.

Our care staff are fully trained to be person centred and to understand the specific needs of people living with dementia. We encourage the involvement of family and friends to ensure your loved ones live a full and meaningful life to the best of their ability.

Tel: 01529 406 000

holdingham@glenholme.org.uk

www.glenholme.org.uk

TYPES OF CARE

Glenholme is passionate about delivering safe, individualised care and support to promote independence, choice and inclusion. We work hard to provide the support we would want for our own family members. The team at Holdingham Grange put the individual at the centre of the support provided and we support and care for both local authority and self-funded residents.

- ✓ Residential care
- ✓ Nursing care
- ✓ Short Stay / Respite
- ✓ Dementia care
- ✓ End-of-life care

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OUR FACILITIES

Holdingham Grange has 64 spacious single rooms, all with en-suite facilities, some have their own patio gardens. The home is fully wheelchair accessible with lift access to all areas. All rooms are linked to a call system to enable people to call for staff assistance. Bathrooms have modern care equipment for a quality bathing experience. The home also includes bistros, a hair salon, cinema room, lounges, library and WiFi internet access throughout.



OUR TEAM

Holdingham Grange care home hosts a team of care professionals as well as our excellent cleaning and maintenance staff. They are led by our home manager and supported by the wider Glenholme Healthcare Group.



Hazel Whittaker
Registered Home Manager

Hazel has 35 years of clinical experience as a registered nurse and has been a care home manager since 2003. Hazel is passionate about the care of the elderly and has served with Glenholme since 2018.

Hazel and her team staff have undergone extensive checks prior to employment to ensure that they have the skills and qualities we require when working with vulnerable people. They are trained in health & safety, basic first aid, abuse awareness (safeguarding), administering medicine, infection control and the care certificate as well as other bespoke training as required.

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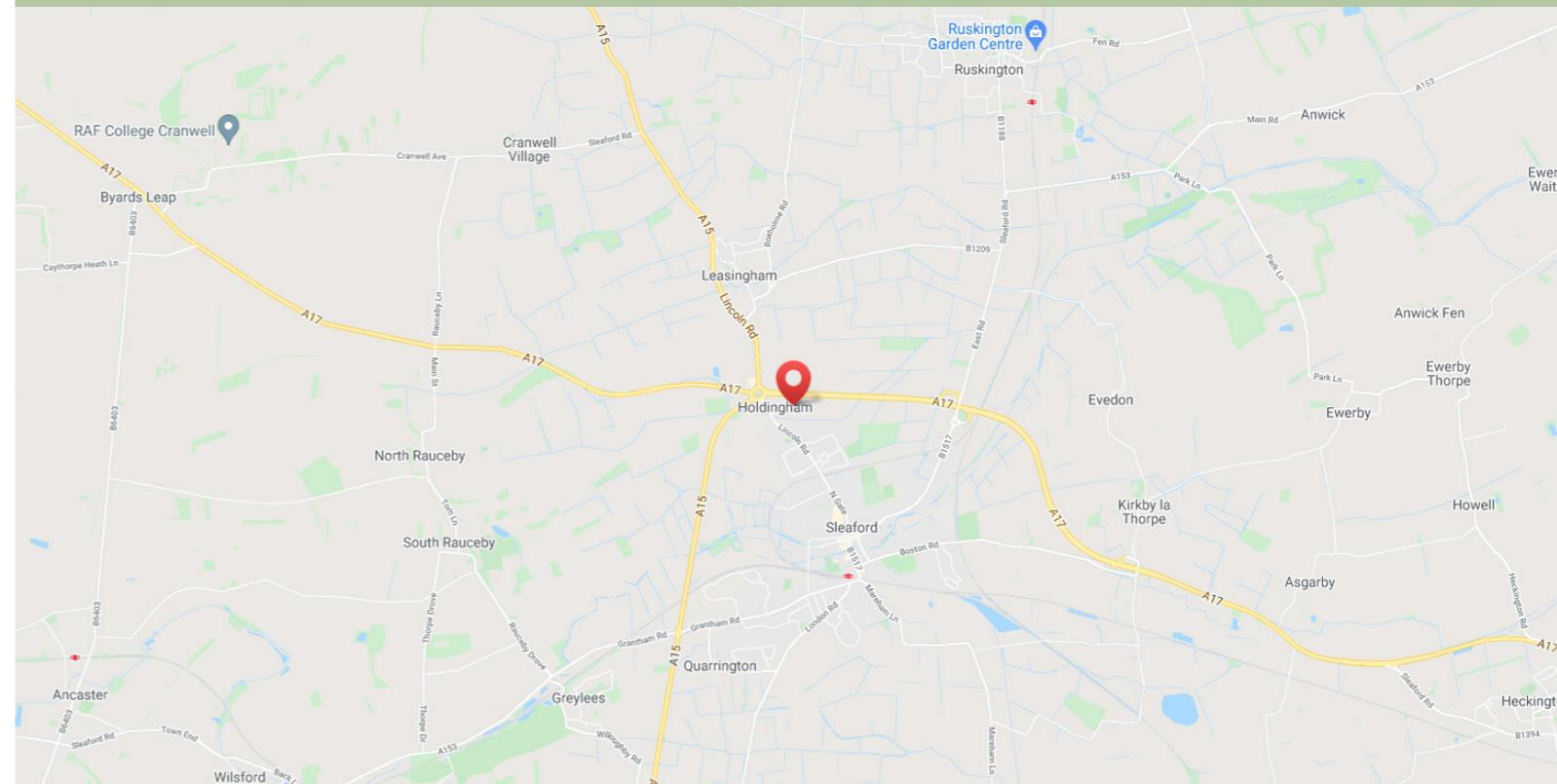
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OUR LOCATION

Situated on the Northside of the historic town of **Sleaford**, and roughly 35 minutes driving from **Lincoln**, Holdingham Grange has excellent transport links to the town centre and station, with a residents minibus available on site.

The home is less than a five-minute drive to the local shops, banks/post office, cafes, Sleaford Museum, historic sites, supermarkets and roughly 5 minutes to the Cranwell Aviation Heritage Museum. Those wishing to reach Lincoln, other neighbouring towns or beyond can take a bus from the town centre or via Sleaford train station.



ABOUT US

Glenholme has been a leading provider of care and support services for over 30 years. We promote choice and independence and are committed to the happiness, health and safety of those we support. All our accommodation is modern and well maintained and is situated in attractive neighbourhoods so that those we support can benefit as fully as possible from community life.



CARE PHILOSOPHY

Being supported by Glenholme means being safe.

Our priority is safety; both physically and emotionally. We believe that individuals should be supported to take positive risks whilst ensuring that they are protected from potential harm.

We recognise the importance of well-being which includes enabling access to external services to ensure physical and mental well-being.

Being supported by Glenholme means being listened to.

Residents are at the centre of the services we provide. We discuss what matters to the individual so we can help them to live a fulfilling life with us. We work in partnership with them, their families and carers to achieve this; ensuring that the person's wishes and aspirations for their own life are at the centre of their care and support arrangements.

Being supported by Glenholme means being included.

We encourage people to maintain their links with the local community. Holdingham Grange is well located to ensure that they can be part of local life.

Being supported by Glenholme means having well trained care workers.

All Glenholme staff are trained to have the skills and confidence to deliver the best support possible.

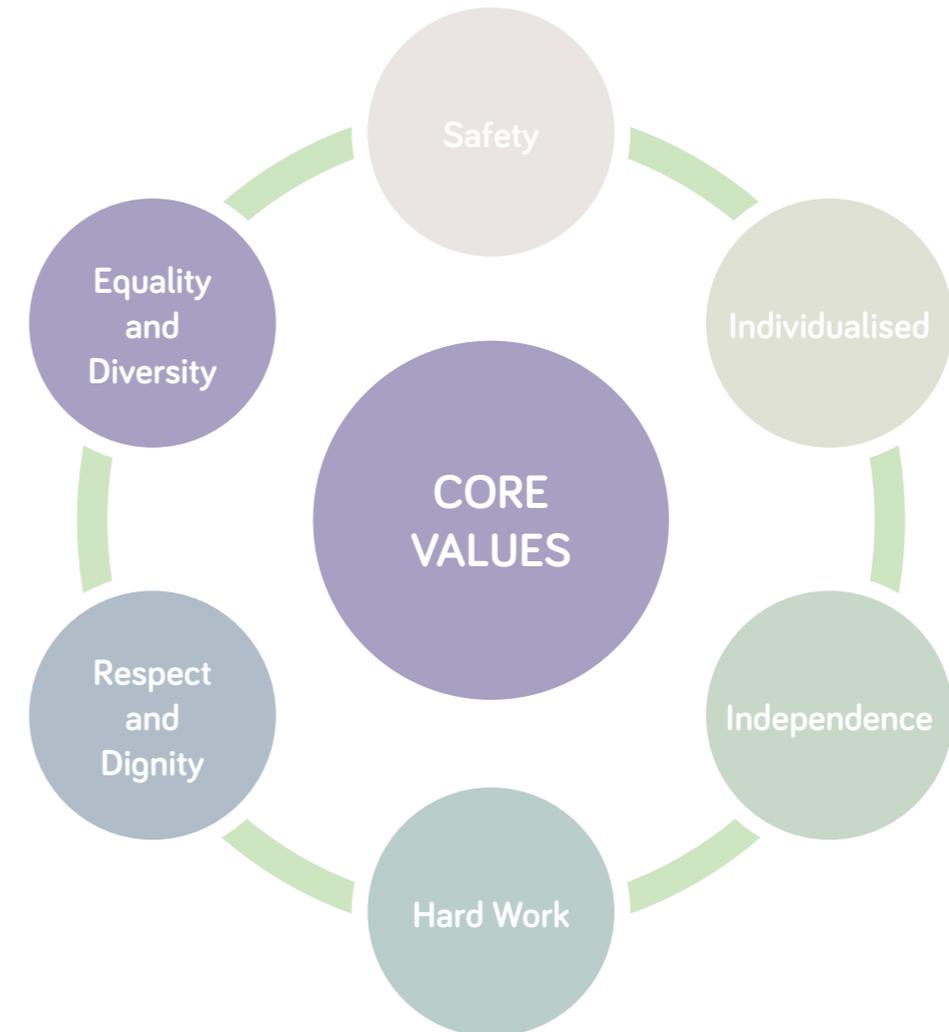


OUR MISSION

FOR OUR SERVICE USERS AND STAFF TO BE HAPPY, HEALTHY AND SAFE TO ACHIEVE THEIR FULL POTENTIAL.

OUR VALUES

Glenholme is passionate about delivering safe, individualised care and support to promote independence, choice and inclusion. We work hard to provide the support we would want for our own family members. We believe in treating individuals, their families, friends and our staff with respect and dignity; placing a high value on equality and diversity. We do this by employing compassionate well-trained staff in our high quality, warm and welcoming homes.





EATING TO 'LIVE WELL'

Our experienced chefs carefully develop their weekly menus to produce food which are nutritious, seasonal and bespoke to our residents' preferences and dietary needs.

Residents are encouraged to eat together in one of our dining rooms, although they can eat in their room if they prefer. Breakfast is cooked or continental, a range of hot and cold dishes is available at lunch and in the evening.

Morning coffee & afternoon tea are available in our bistros. In addition, those who would like to do some of their own cooking have the opportunities to do so.

STAYING ACTIVE

At Glenholme, we offer a range of activities and events to reflect the breadth of interests and passions of residents. Our managers work closely with the activities coordinators to develop programmes that support mental and physical health and prolong independence.

Activities include gardening, group exercises, film nights, entertainers,

day trips, as well as opportunities to cook independently. In addition, we hold regular events for residents and their families such as summer garden parties and gala evenings.

Those wishing for independent leisure time can spend time in a variety of lounges, libraries, bistros, dining rooms and cinema rooms and in addition, have the use of our spacious gardens and sun decks.





COMPLETE SUPPORT FOR DAILY LIFE

At Glenholme we are able to provide a continuum of support for an individual's ever evolving needs and desires, including staying active and maintaining independence.

Glenholme support includes:

- **Personal support** – personal and social care, and attending healthcare appointments.
- **Life skills support** – domestic tasks, shopping, cooking, cleaning.
- **Activities and recreation**
- **Group & community activities**
- **Daytrips and outings**
- **Safety & 24-hour care**

Nursing Care

Nursing care is available for individuals who have more complex health needs. Glenholme nursing staff are available 24 hours a day, seven days a week. Our nursing care is delivered through personalised care plans. These are drawn up with the individuals and their families and are designed to maximise independence.

Dementia Care

Glenholme are committed to ensuring that people live well with dementia and use research-based practice to ensure this. Our spacious dementia wings are designed to assist with orientation. Points of interest can be found in communal areas which provide opportunities for meaningful activity. We encourage the involvement of family and friends to ensure your loved ones live a full and meaningful life to the best of their ability.

Respite Care

Respite care is a short stay at a care home. It can be useful for recuperation following an illness or hospital stay, or as a means of providing a temporary break for a carer. Respite stays can last from a week to a few months. During their stay, individuals can benefit from all the home has to offer including the delicious and nutritionally balanced meals and the full range of activities provided.

Glenholme



Learn more about us:

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Whittle Road, Holdingham, Sleaford, NG34 8YU

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