

September
2021

Glenholme 30th Anniversary NEWSLETTER



HALMER COURT OPENING DAY



HOLIDAY TO BOURNEMOUTH



BLACKPOOL ZOO

Join us as we take a look over the last 3 months at Glenholme Healthcare Group

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This quarter the GEM Award goes to Gina Porter at Holdingham House. Amanda Chapman, Area Registered Manager expressed her gratitude for Gina's work ethic and commented:

"She is excellent at maintenance and comes out whenever called. Above that, she is training one of our service users to do fire alarm checks and water checks and she takes him around with her to do all the fire checks in the house and flats. Yesterday she was given time to join our end of summer 1-year celebration party and spent the time making food and cooking the BBQ food. Gina was one of our support workers before she got the maintenance role and this helps her as she includes the service users in all she does."

Thank you for all of your exceptional hard work, Gina. Pictured below from right to left is Jennifer Hames Operations North Specialist Services Manager, George Macalister Director of Quality and Care, Kent Phippen Managing Director and CEO, Shaun Tuohy Registered Home Manager, Amanda Chapman Area Registered Manager, and Gina Porter.



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Have something to share?
Please email your Glenholme news submissions to: news@glenholme.org.uk

Glenholme Perks

Coming Soon

The go to place for all your shopping and saving needs!

Offers and discounts at hundreds of fantastic brands...



Plus a whole range of employee benefits you'll be able to use and enjoy!



Keep an eye out for more info over the next few weeks...

Brands and benefits are correct at the time of communication and are subject to change without notice.

Norfolk Broads Holiday

Annette and Joan, our residents at Holdingham Grange, along with Sanjay, our Activities Coordinator and team member Kerriane, took an exciting scenic trip to Norwich for a few days! Starting at Wroxham, Annette and Joan looked around the town and touring boats of the Norfolk Broads.

The staff and residents stayed at the Holiday Inn and ventured out every day and explored their new surroundings, including visiting Cromer Pier, Sheringham, Blakeney Point, and Norfolk Lavender where there are around 100 acres of lavender fields.



Halmer Court Open Day 11th Anniversary

We are absolutely delighted at the turnout for our Open Day at our new service, Halmer Court in Spalding. As well as local neighbours, we had members from the local council join us (Pictured from left to right: Ashley Warner Deputy Manager, Judith Reeve Service Manager, Councillor's Elizabeth Sneath, Paul Redgate, and Glynis Scalese, and Kent Phippen Managing Director and CEO at Glenholme).

We also had Glenholme team members visiting from Holdingham Grange and numerous other sites. The visitors were showed around the new premises and then enjoyed some delicious food and refreshments outside in the courtyard, whilst soaking up the glorious sunshine. Thank you to everyone who came along and supported us, it was a great success!

Sheree from Vincent Place, Stevenage celebrated 11 years working at Glenholme with staff and residents by having a little party and then all enjoying a drink at the local pub.



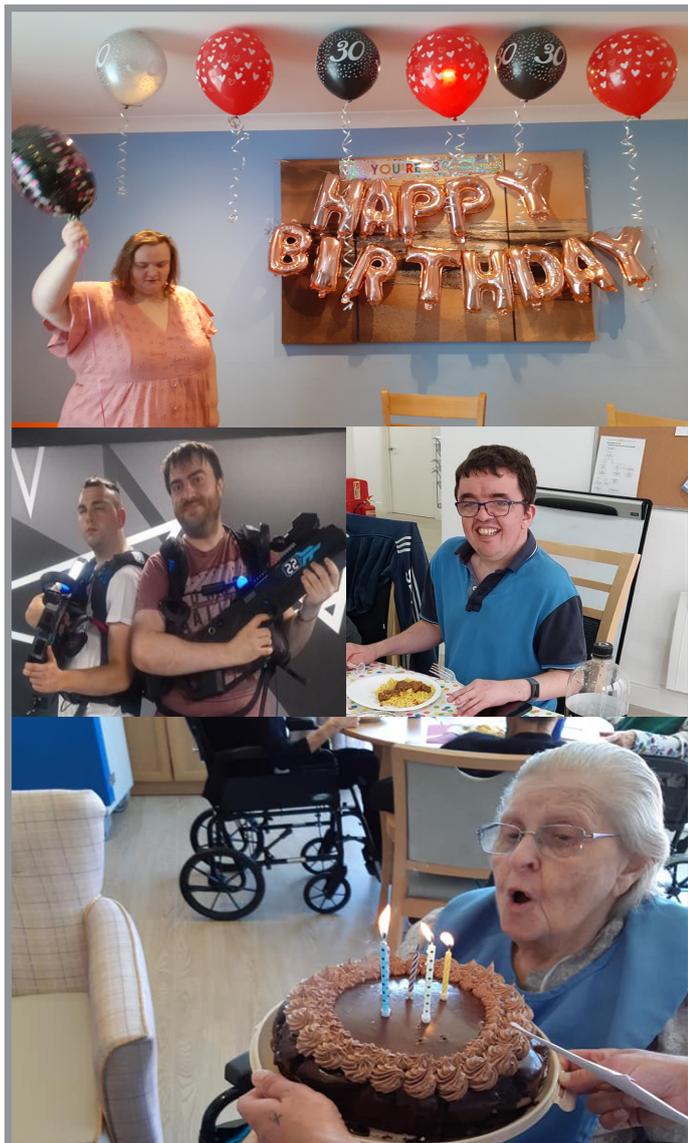
1 Year of Holdingham Lodge

Holdingham Lodge celebrated the service's 1st year anniversary with a party including a fun bouncy castle, delicious BBQ, and karaoke. Everyone had a great time singing and laughing the day away, and there were even a few tears shed from staff member Warren who was so unbelievably proud when service user Tony started singing Mama Mia.



Birthday Celebrations

There have been many special Birthdays celebrated across our services recently. On the 30th of July, our wonderful resident Mitch at the Marlowes turned 29 and celebrated by eating delicious food. On the 4th of August, it was Beverly from Bispham Gardens Birthday, and she received a giant chocolate cake! On the 10th of August, Diesel from the Marlowes celebrated his Birthday with a fun evening at VR London. On the 21st of August, Cherie at Haddon House turned 30 and received a beautiful new pink dress which she loves, along with all her Birthday balloons! Happy Birthday Wishes to all of you.



Standalone Farm

Activities at Vincent Place

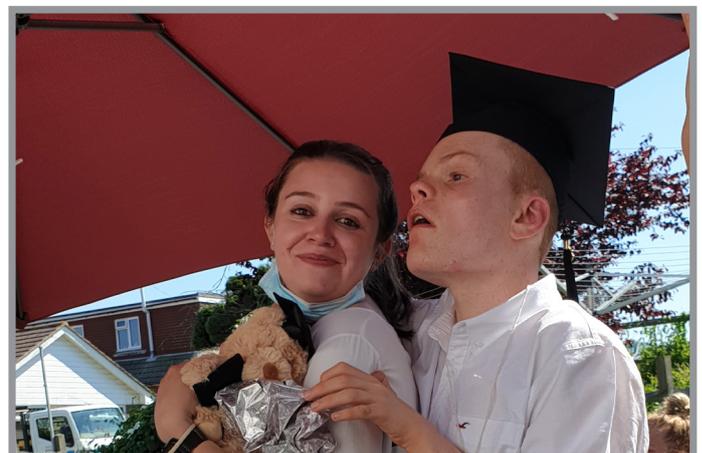
Our wonderful service user Tom from Vincent Place visited Standalone farm in Letchworth, where he enjoyed seeing lots of animals including horses, goats, pigs, cows, and donkeys!



Graduation Party

Activities at The Lustrells

Callum recently finished his studies at college, however, due to Covid-19 the college was unable to organise a graduation party. Instead, the staff at 52 The Vale organised a graduation party for him at Vale Garden and invited Callum's family to celebrate with him. Big congratulations on graduating college, Callum.



Day Trip to London

Activities at Warwick Manor

John and David took an exciting “lads trip” to London to enjoy a lovely walk down Southbank, followed by a trip to the London Aquarium, then on to Buckingham Palace. The last time they visited, they were fortunate enough to see the Queen arriving home.

John also went up the London eye and enjoyed the incredible views on the lovely clear day. John and David had great fun and are looking forward to the next trip.



Trip to Great Yarmouth

Activities at The Marlowes

Mathew and John from the Marlowes took a trip with staff members Maria and Robyn to Haven Seashore in Great Yarmouth. They went for a week’s holiday and filled every day with a lot of fun.

Whilst there, they celebrated John’s Birthday, went swimming, went on a boat trip and drove the boat, visited the arcades, played bowling and pool, and had delicious meals out. Mathew and John thoroughly enjoyed themselves on their jam-packed holiday week!



Arts & Crafts

Activities at Holdingham House

Saturday 4th September at Holdingham House was spent doing various fun activities. Service user Aiden spent some time having a therapeutic arts and crafts session whilst Chris cooked his lunch and enjoyed eating it outside in the warm weather.





Glenholme Care Award Nominees

Ahead of our first Glenholme Care Awards ceremony being held on Wednesday 20th October we would love to share all the names that have been nominated for an award. Big congratulations to those that have been nominated for their hard work and dedication to Glenholme and its service users.

OUTSTANDING POSITIVE BEHAVIOUR SUPPORT

Amanda Chapman
Angela Peake
Haddon House Team
Julie Wallace

BEST TEAM

Bispham Gardens
Haddon House
Holdingham Grange
Holdingham Lodge
Manor Crescent
Oakene Finchley
Shakespeare House
The Lustrells
Warwick Manor

OUTSTANDING DEMENTIA CARE

Bispham Gardens
Cheryl Chadwick
Denise Kirkland-Hardstaff
Penny Howard

KEY WORKER OF THE YEAR

John Whiteman
Julie Wallace
Karen Young
Kirsty West
Leticia McKenna
Lisa Whitbrow
Megan Macalister
Mike Maringa

TEAM LEADER OF THE YEAR

Agnes Taala
Anne-Marie Wright
Faith Aganmwonyi
Faye Christopher
Faye Currim
Hannah Jones
James Haw
Jay Stroud
Jemma Austin
Jodie Cox
Karen Clark
Karen Young
Katy St Clair Pierre
Markus Boyd
Matthew Howorth
Matthew Kirk
Natalie Rayner
Norbert Papp
Osamudiamen Amayo
Pansy Ludford
Sandra Boryzymawska
Sara Fuentes Berenguer
Sophie Hibbard

SUPPORT OFFICE AWARD

Anna Vergara
Brent Phippen
Gemma Clanfield
James Perkins
Michelle Fide
Sarah Crooks
Sharon Hamane
Stuart Mclaughlan
Tehreem Anwar
Urszula Peazold

SUPPORT WORKER OF THE YEAR (SUPPORTED LIVING)

Bicanca Kennewell
Clare Skidmore
David Moi
Gemma Henderson-Thyme
George Grove
Johnathan White
Jojo Amayo
Jones Amos
Joshua Robinson
Joy Singson
Katy St Clair Pierre
Kirsty West
Lisa Whitbrow
Lucy Roberts
Martin Condon
Maureen Omhenaka
Melanie Moore
Mike Maringa
Owusu Kwakye
Ransel Hernandez
Rebecca Hedges
Ryan Tompkins
Salama Mohammed
Sultana Hussain
Jolanta Wolna

NURSE OF THE YEAR

Emma Skinner
Jemma Boughton
Teresa Gregory

DEPUTY OF THE YEAR

Adele Evans
Amina Whitehouse
Daisy Brownness
Jemma Boughton
Mandy Pedley
Robert Hart
Stephanie Wagstaff

OUTSTANDING CONTRIBUTION TO GLENHOLME

Dee Appleford
George Macalister
Holly Wilson
Karen Young
Peter Street

MANAGER OF THE YEAR

Amanda Chapman
Andreen Butler
Fiona Nicholls
Hazel Whittaker
Jaine Hale
Karen Dobson
Kate Clements
Kelly Chamberlain
Lorraine Hewlett
Nana Akoto
Shaun Tuohy

SUPPORT WORKER OF THE YEAR (RESIDENTIAL)

Anastasia Kilsuil
Atlanta Jefferson
David Rhodes
Emma Nichol
Frank Lindsay
George Evans
Jack Washington
Jaqueline Slama
Judith Bromfield
Julie Wallace
Mark Boyd
Martha Kitaki
Martin Bradley
Ryan Newson
Ryan Tompkins
Sandra Borzymowska
Shaun Cunningham
Team Leader & Carers Lustrells
Tyler Gordon

Recent Events at Holdingham Grange

Dry Clay Workshop

Holdingham Grange held some creative and therapeutic dry clay workshops for all the residents to enjoy. The idea was to make something small yet functional for the home environment. Kitty sculptured fantastic egg cup holders, Derek made a small holder for paintbrushes, and Margaret and Joan made plates to place jewellery inside.

The next day the workshops carried on, and the staff worked together with the residents in both one-to-one sessions and collaboratively to make teacups and coasters. All of the residents thoroughly enjoyed the creative process, and the workshops turned out to be a big success.



Family Visits

Family visits brighten the resident's days, they do love seeing their loved ones. The time is spent sharing stories, having laughs together, and creating moments that will be cherished forever. If you wish to arrange an indoor home visit, please phone Holdingham Grange on 01529 406 000 and speak to Frances Turner. If you wish to take your loved one outside, this doesn't need to be arranged.



Singing and Dancing

Sue and Diane regularly lead fantastic, energetic, and fun activities in the Eslaforde Unit. Recently, they were playing party music, entertaining everyone with the movements to the songs, and encouraging the residents to get up and dance!



Our Beautiful Sunflowers

The residents at Holdingham Grange have been enjoying some time in the sunshine recently. The good weather has also contributed to the growth of the sunflowers which were planted by residents Phil and Ernest a few months ago. It is a beautiful addition to the garden seeing them in full blossom.



Redecorating the home

The Holdingham Grange team are working on positively transforming the environment for residents in the home. Margaret the nurse in charge of the Greylees Unit is working closely with the team to redecorate the nursing unit, sitting areas, corridors, and other spaces around the home. One of the sitting areas has been changed to a Post Office, and the other a relaxing beach themed area, which has already sparked wonderful conversations about past memories amongst the residents.



New Digital Table

The latest addition to our Holdingham Grange service is this fantastic digital interactive table. Holdingham Grange managed to raise a great £3000 and the Glenholme Support Office donated the other £3000 to make up the total amount. It wouldn't have been possible to get this without everyone's generosity. Holdingham Grange would like to say an enormous thank you for everyone's support and to those who helped raise the money.

In 2019 the residents were introduced to the technology and attended a demonstration of its abilities, since then the residents and staff were convinced of its usefulness. There are many benefits to this technology including downloadable apps that have dementia-friendly games, sensory and therapeutic games, memory games, as well as cherished board games such as Monopoly and Bingo. The technology is also very mobile, making it easy to let bed-bound residents interact, and the choice playing activities solo or as a whole group. Plus it provides great fun for all!



Exciting Activities at Bispham Gardens

Blackpool Zoo

An exciting outing to Blackpool Zoo on the 24th of August for the residents. This trip was very special as this was the first trip out since the lockdown 18 months ago. The day was a great success, the sun was shining, residents enjoyed delicious ice cream, all whilst seeing all the incredible animals!



World Beard Day

World Beard Day took place on 3rd September, which obviously had to be celebrated at Bispham Gardens! The residents enjoyed this international day by having fun with beards and moustaches, and 'guess who the beard belongs to' quiz. Following this, the residents ordered KFC for their takeaway night. Delicious food to end a fun day.



Teddy Bear's Picnic

Bispham Gardens celebrated National Teddy Bear's Picnic Day on the 10th of July with their very own indoor picnic - complete with teddies of course! There were lots of delicious bear-themed treats, as well as some very tasty cupcakes and scones. The residents enjoyed a famous bear quiz to round off the day, as well as relaxing whilst watching the film 'Paddington'. The residents even got their very own special teddy bears to keep.



National Ice Cream Day

The sunshine came out on the best day it possibly could - National Ice Cream Day on the 18th of July! The staff made sure there were plenty of different ice cream flavours, toppings, and sauces for everyone to choose from and enjoy on this glorious hot day.



Brazil Independence Day World Chocolate Day

On the 7th of September the residents celebrated Brazilian Independence Day, commonly known as Sete de Setembro. The day consisted of enjoying delicious Brazilian food, and a virtual tour of Brazil whilst listening to popular Brazilian music. This was followed by a quiz about Brazil to finish off a wonderful day!



The residents celebrated the best day of the year on the 7th of July - World Chocolate Day! The day was celebrated in style with a glorious chocolate fountain as well as lovely treats to dip in the chocolate. A massive thank you to Suzanne Cooper for kindly providing the fountain. The residents also enjoyed fantastic entertainment by Ticked Pink with their Abba show.



Sensory Therapy

The morning of the 10th of September was filled with simple therapeutic sensory therapy. This consisted of bubble wrap and water painting which the residents thoroughly enjoyed.



Bastille Day Celebrations

Bastille Day (National French Day) took place on 14th July and the residents had a 'très bon' time! There were games of French trivia, French-themed bingo, and everyone enjoyed a delicious selection of pastries, baguettes, and cheese. The chef also created a special French menu that included French onion soup, coq au vin, and crème caramel. It was a glorious day had by all.



Recent Events

Holiday to Bournemouth

Maud and her keyworker took a short break to Bournemouth for a summer holiday. Maud visited the beautiful sandy beaches and the aquarium. Maud is looking forward to the next trip away!



Wendy's Retirement

On the 15th of July the residents and staff at Vincent Place said goodbye to Wendy as she now enjoys her retirement after 4 years of working at Glenholme. Goodbye Wendy and thank you for all your hardwork over the years, you will be missed.



Bingo Evening

On the 9th July, the residents from the Marlowes sat down to enjoy a fun evening of bingo!



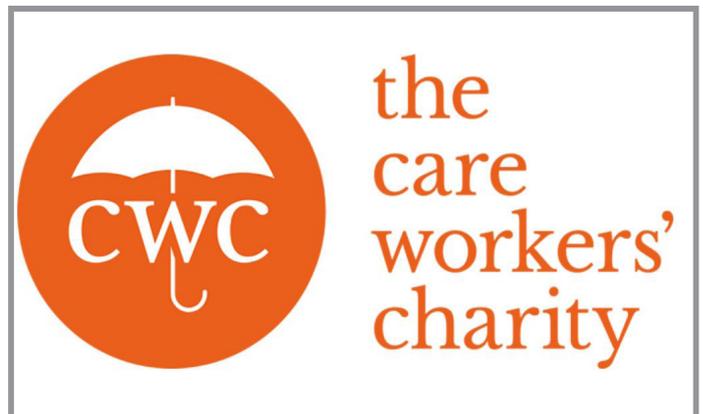
Fun Games at Vera James

The residents at Vera James House had a great time playing with the giant Connect 4 game! This game was a great success and provided lots of laughter and fun.

The Care Workers Charity

Have you experienced a recent change in circumstances resulting in a significant financial impact? Do you need help with mental wellbeing and health support? This is where The Care Workers' Charity comes in. You are eligible to use their services if you are in a position that is involved in or supports the provision of adult, elderly, or disability care; and have been in your role for at least 1 years' service.

If you require financial assistance regarding daily living expenses, then you can apply for a grant for up to a maximum of £250, and for grant awards up to £500. If you or a colleague is seeking professional mental wellbeing support, The Care Worker's Charity offers applicants up to ten support sessions with a qualified therapist for various challenges. For more information please visit www.thecareworkerscharity.org.uk/





Exciting Trip to London

John from Warwick Manor took a trip to see the Anthony Joshua boxing match in London along with having a wonderful overnight stay in a hotel - September 2021

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Have some Glenholme news to share?

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