



December  
2021

# Glenholme 30<sup>th</sup> Anniversary NEWSLETTER



LIGHTING THE TREE UP



FESTIVITIES BEGIN



GOOD NEWS FROM CQC

Join us as we take a look over the last 3 months at Glenholme Healthcare Group



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## Horncastle Development

Our new development in Horncastle Lincolnshire has now been officially named! Lynn Christopher from Holdingham Grange, won the naming competition with Thimbleby Court. This property will provide nursing and residential care with 60 ensuite bedrooms, offering support and care for the elderly and those with dementia. The building will include a generous communal space providing amenities found in a village setting, including, library, shop, medical centre, and gym. Thimbleby Court is still under construction and is set to be completed next year.



## Follow Us!



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### Have something to share?

Please email your Glenholme news submissions to: [news@glenholme.org.uk](mailto:news@glenholme.org.uk)

## GEM Awards

This quarter the GEM Award goes to Letitia McKenna from Shakespeare House. Karen Dobson, Service Manager, expressed her gratitude for Letitia's work ethic and commented:

*“Letitia is an amazing Support Worker who goes above and beyond on a daily basis for the people we support at Shakespeare House, as well as her fellow team members. Since September, Letitia has produced a monthly newsletter called The Shakespeare Times which highlights activities and achievements of the people we support, this gets handed out to family members so they can see how well their loved ones are doing. This was also shown to the CQC inspector during our inspection and she was really impressed with it!”*

*Letitia has also designed an advent calendar for the people we support based on Christmas movies for the lead up to Christmas – a different movie every day based on what we know the people we support enjoy watching”.*

Thank you for all of your exceptional hard work, Letitia. Pictured below from left to right is George Macalister, Director of Care, Letitia McKenna, Support Worker, and Karen Dobson Service Manager.



A special thanks to Amanda Chapman, Registered Manager, and Shaun Tuohy, Service Manager, and the staff teams in the House and Lodge for their hard work and accomplishments over the last year.

We are excited to also announce the outcome of the recent CQC inspection as Outstanding at our Specialist Services, Warwick Manor and Shakespeare House in Bedford.

The feedback received from the inspection stated that *“We received an overwhelmingly amount of positive feedback about the staff team who were described as highly motivated, providing people using the service with exceptionally compassionate and kind care and support. Through trust and a consistent approach, they have helped people to overcome significant barriers and ultimately have more control over their lives”.*

The CQC awarded a £200 bonus to each members of staff from Bedford as a well done. £100 is awarded for every 'Outstanding' rating against all Key Lines of Enquiry.

Massive congratulations to Jaine Hale, Registered Manager at Warwick Manor, Karen Dobson, Service Manager at Shakespeare House, and the whole team in Bedford for their excellent accomplishment.

## Good News From CQC

Congratulations to Holdingham House and Lodge in Sleaford on the outcome from their recent CQC inspection. Both services were rated Good across all Key Lines Of Enquiry, which is a great achievement given that they were both opened during a global pandemic.

The CQC inspector fed back that *“People were supported to live healthier lives and staff helped them to access healthcare services when required. We saw that the service worked closely with healthcare professionals to ensure good outcomes for people. Staff were kind and caring and provided people with warm, person-centred care”.*



# Festive Celebrations at Glenholme

## Christmas Market Fun

*Activities at Vera James House*

The afternoon on the 10th of December, was filled with smiley residents, enjoying the Christmas market that the staff put together for them, and a DIY photo booth with all the reindeer's antlers and Santa's hats to go with it.



## Homemade Cards

*Activities at Holdingham Grange*

Christmas preparation is well underway in our Dementia Unit. On the 25th of November, our lovely residents had a creative afternoon making personalised homemade cards for their families and friends.



## Special Deliveries

*Activities at Holdingham Grange*

A very special delivery was made on the 11th of December. Children from the First Steps Nursery had created some wonderful handmade Christmas cards for the residents. A massive thank you to the nursery, our residents really enjoyed these cards and the sentiment.



## Theatre Trip

*Activities at Bispham Gardens*

A night full of laughter, drinks, and dancing for the residents on the 9th of December. At the request of some of the residents, everyone enjoyed an evening at the theatre watching the Funny Girls Christmas Show.



## Deck The Halls

### Activities at Holdingham Grange

The upcoming holiday season is something our residents and staff are really excited for! So, on the 23rd of November, they decided it was time to get the Christmas tree up and let the festivities begin!



## Kind Donations

### Activities at Vera James House

Volunteers of the Ely Bikers Club kindly came to the service and donated all kinds of goodies for the residents. All bikers showed up in Christmas costumes which the residents really loved.



## Best Jumper

### Activities at Holdingham Grange

The 10th of December marked national Christmas Jumper Day, which our residents and staff loved taking part in. Followed by an afternoon of singing and dancing together which everyone thoroughly enjoyed.



## Creative Time

### Activities at Oakdene

On the 24th of November, the residents spent some time doing arts and crafts in preparation for the festive season. Their creations included clay sculptors of a snowman, angel, and a bright yellow star for the Christmas tree. They also produced beautiful artwork for their bedrooms. Maureen created a red leaf, taking inspiration from a photo, and Joanne painted a lake after watching an art show on TV which made her feel calm and peaceful.



# Birthday Celebrations

James from Holdingham Grange celebrated his 80th Birthday on the 17th of November, whilst enjoying a glass of champagne surrounded by his family and friends.



On the 31st of October, Dorothy from Bispham Gardens celebrated her 90th Birthday. On this joyous day, Dorothy's family came to celebrate with lots of presents, cards, and a beautiful cake, and enjoyed a lovely performance from the singer Andy.



Kitty's 90th Birthday at Holdingham Grange consisted of an afternoon of great company, smiles, and laughter. As Kitty blew her Birthday candles out, she was surrounded by residents in the Carre Community, staff, and the Service Manager Hazel wishing her lots of happiness.



Cara celebrated her 36th Birthday with all her nearest and dearest at Bispham Gardens. They all tucked into the delicious Birthday cake and the day was filled with love and laughter.



## ABBAlutely Fantastic

### Activities at Holdingham Grange

On the 8th of December, the residents were treated to a fantastic ABBA show performed by ABBAMIA. All the residents and staff had a lovely time singing along and listening to some classics from years gone by.



## A Gift from Glenholme

Glenholme, in partnership with Santa Claus, wanted to wish all its hardworking colleagues a very happy holiday season with a gift to say thank you. All colleagues will receive a £50 One4All gift card which enables you to spend at thousands of your favourite retailers, including John Lewis, ASOS, H&M, Boots, M&S and many more including restaurants, hotels, and travel.



# REFER A FRIEND

We are always on the lookout for talented and dedicated individuals to come and join our team. In recognition of this, we offer a bonus scheme to existing employees. There is no limit on the amount of people you can recommend.

If you recommend a friend or family member who is recruited, then successfully completes their screening and first 3 months of employment, you will be paid a £250 bonus!

To recommend a friend or family member, all you have to do is have the person applying for a job mention your name on their application form.

Refer a friend to work for us & earn **£250**

# The Glenholme Care Awards 2021

On the 20th of October, we hosted our very first Glenholme Care Awards ceremony to show appreciation to our colleagues across the organisation, and recognise all their hard work after quite a challenging 18 months. We are thrilled with the participation we received during the nomination stage with over 300 nominations from colleagues, family members, and the people we support.

The judging process was carried out by a delightful series of panels made-up of service users, family members, managers, and members of the Senior Management Team. All the panels found this process very difficult to choose between such impressive individuals. There were a total of 16 awards given to our very deserving finalists, congratulations to all.





# Recent Events

## Scrapbook

*Activities at Haddon House*

The residents enjoyed creating their own scrapbook of all the things they like doing. Chris is very proud of his book and showed it to the CQC inspector when they visited the house.



## Face Painting Fun

*Activities at Holdingham Lodge*

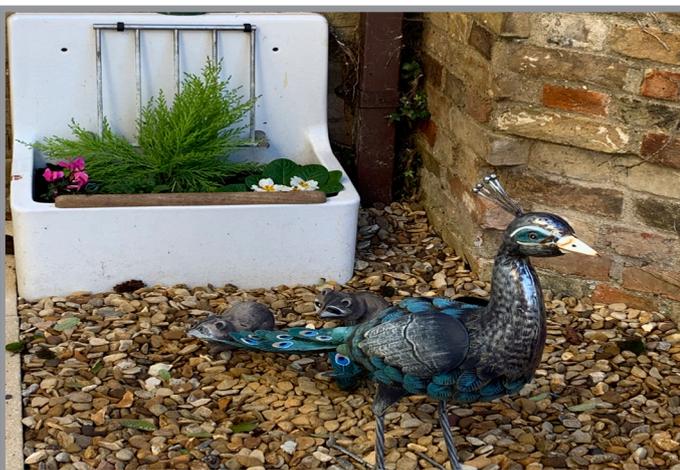
To liven up a damp and rainy afternoon on the 1st of December, the residents decided to get out the face paint and fill the afternoon with fun and smiles instead!



## Garden Progress

*Activities at Vera James House*

The garden has been completely transformed and although an ongoing process, the results are fantastic. Since late September, there has been a brand-new patio fitted and decorated with lots of new plants and ornaments which has made the outdoor space really special.



## Knitted Blankets

*Activities at Vera James House*

Vera James residents received a wonderful donation of beautifully knitted blankets on the 5th of November. Just in time for the cold season ahead of us. Thank you to those that donated, the residents and staff are over the moon.



## Halloween Celebrations

Across all our services, there was an abundance of spooky Halloween celebrations! Vera James House organised a Halloween tea party for the residents, followed by a pumpkin carving session. The residents at Oakdene in Finchley, had a party with all kinds of sweet treats and hauntingly good decorations. Holdingham Lodge also celebrated in style with a party, the communal area and flats were decorated and everyone dressed up for the event.



## Remembrance Day

### Activities at Oakdene

In preparation for Remembrance Day, the 11th of November, the residents got creative and turned egg boxes into lovely homemade poppies.



## Recruitment Stand

### Activities at Shakespeare House

On Saturday 20th November, the team at Haddon House and Crown Mews in Peterborough was at the Queensgate Shopping Centre searching for people considering a career in care. They were there all day to answer any career enquiries. The event was a success with interviews scheduled that week!



## Kitchen Transformation

### Activities at Haddon House

A brand-new kitchen was installed at Haddon House. Big thank you to Brian and Damien who worked incredibly hard on putting it together. The colour for the walls was a joint decision with service users which everyone is very pleased with. The large hobs and two ovens now make it much easier to cook, and there is a lowered worktop for people in wheelchairs to help make meals and snacks or eat in the kitchen.



# Activities at Bispham Gardens

## Polish Tasting Menu

Big thank you to our Polish staff who shared their culture with the residents and staff. They provided a full Polish menu including delicious treats that they made and brought in from their homeland. An extended thank you to the kitchen staff as well who helped prepare the menu.



## Aye Aye Captain

An afternoon of talking like a pirate, booze and tattoos was in store for the residents on the 29th of November. Everyone had an enjoyable time and a special thank you to all that were involved, especially to Margaret for providing the drinks.



## Blackpool Illuminations

On the 16th November, the residents ventured out to go and watch the Blackpool Illuminations. Everyone enjoyed the fantastic light display and to finish off a lovely evening, everyone tucked in to some delicious fish and chips.



## Singing and Takeaway

After nearly two years, due to the pandemic, we welcome back Andy the singer for an entertaining evening on 30th September. This was followed by the monthly takeaway which this month's choice was Chinese. The residents had a wonderful time, thank you Andy!



## Rememberance Day

We remember all those heroes from the war, with a 2-minute silence on the 11th of the 11th. On this day, the residents took part in cake decorating and also had special singing guest Teresa Harper Anderson perform all our favourite war time songs to commemorate the heroes of war. The residents really enjoyed this and some found the songs very moving!



## German Unity Day

On the 3rd of October, the residents had a taste of Germany celebrating German Unity Day! There were lots of German decorations and plenty of food, even enough for members of staff to enjoy.



## Pub Lunch

An impromptu trip out to the local pub with the residents, their families, and staff on the 24th of November. The food was delicious, there was laughter all around, and everyone went away with full tummies.



## St Andrew's Day

St Andrew's Day, the 30th of November, was celebrated in style with red checkered Scottish hats, sweet treats including Scottish shortbread and fudge, and all whilst enjoying the fantastic music that Roger is singing Scottish too.



# Activities at Holdingham Grange

## Arts & Crafts

The residents in the Eslaforde Community had a creative Art & Crafts afternoon on the 8th of November. The residents worked together with members of staff to create beautiful hanging baskets for the Cobbles dining room in the Greylees Community. As well as the hanging baskets, the residents made butterflies which turned out wonderfully!



## Chef Hazel

During the chef's holiday in September, the service manager Hazel stepped in and cooked for the residents. It was certainly a change from her usual office routine, she put in a lot of effort providing a variety of meals. Hazel made chicken pie, homemade pizza, puff pastries, Hazel's own beef cobbler recipe, and the famous Lincolnshire Myers Bakery plum bread. The residents really enjoyed Hazel's food and appreciated all the effort.



## Fancy Dress Competition

On Halloween, the staff took part in a fancy dress competition which was judged by the residents. The winner was Natasa and her dog Daisy for their excellent pirate costumes.



## Project Decorating

Members of staff from four departments at Holdingham Grange (management, maintenance, activities, and nursing) have been working together as a team to transform the Greylees Community into a dementia friendly space by adding creative touches to the environment. This project started a few months ago and has included adding exciting murals to the walls, such as the Cobbles Café, library bookcase, and new bus stop design. The idea behind the bus stop sitting area is a reminiscent waiting and chatting space which takes you back to some good memories and journeys.



## Rememberance Day

On Rememberance Day, the 11th of November, residents celebrate with members of staff with honor and gratitude. The day before, residents spent the afternoon painting poppies in preparation of the day which were hung up on display.



## Digital Interaction

The interactive digital table has been a huge success and benefit in the Dementia Units. Activities staff have observed the residents in one-to-one creative sessions where the residents interact with the screen by moving their fingers across and creating therapeutic patterns. This is a sensory app where you are able to manipulate the light with your fingers. The staff have noticed that Bill and Madge are especially keen to independently create visual artwork!



## Work Experience

Cameron and Erin from Lincoln College had their work experience at Holdingham Grange and had a great time. They worked together with the care team and activities. They learnt about assisted living and worked together with the activities staff in the Eslaforde and Greylees Dementia Units. Cameron and Erin also used the digital interactive table for specialised brain stimulation and games activities. Cameron's aspiration is to become a Nurse and Erin wants to become a Paramedic. The staff and residents thank you both for your support and wish you the best of luck with your future.



## Entertaining Afternoon

Melody Flyte put on a fantastic performance for the residents on the 19th of November. Melody is a vintage singer and the residents enjoyed it so much that they began to join in singing too.





## Happy Holidays from Glenholme Healthcare!

*Christmas card making from our wonderful residents from Holdingham Grange, Sleaford.*

Follow us for more!



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Have some Glenholme news to share?

We are always looking for regular news items for our newsletters and social media. If you have stories, photos or videos to share then please email them to: [news@glenholme.org.uk](mailto:news@glenholme.org.uk)

