

# Glenholme

Passionate about care



## HALMER COURT SPALDING

Senior Living

## THE HOME

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Nestled in the heart of the historic town of Spalding, Halmer Court is surrounded by areas of local interest, parks and green spaces. The home has been designed to provide a luxurious but homely environment; where people can live in comfort with the right support for their particular needs and aspirations.

The home provides **residential, dementia, end-of-life, and respite** care.



## THE CARE

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Our team support people to live as full and active a life as possible, doing the things that are important and meaningful to them. Each person living in Halmer Court will be encouraged to be engaged in all aspects of planning for their support. Our team will get to know everyone individually to ensure that a sense of family and inclusion is fostered. Families, friends and community links are so important and we work to ensure that people are supported to continue relationships with those who are significant to them; this is an essential part of the home's holistic approach to care.

Working with support networks in the community such as GP surgeries, community nurses and other professionals we ensure that the people living in Halmer Court have access to essential services as they are needed. Faith groups and community groups will also be encouraged to come into the home along with intergenerational networks with local schools and nurseries.

Halmer Court and the team working here strive to become part of the local community and will form strong friendships with our neighbours as the home develops. Many of the team working in the home are themselves, local people. With that comes community ties and the ability for people living in the home to be able to talk and reminisce about the local area with a sense of belonging and inclusion. The people living and working in the home are all part of the Halmer Court community.

## TYPES OF CARE

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Glenholme is passionate about delivering safe, individualised care and support to promote independence, choice and inclusion. We work hard to provide the support we would want for our own family members. The team at Halmer Court put the individual at the centre of the support provided and we support and care for both local authority and self-funded residents.

- ✓ Residential care
- ✓ Short Stay / Respite
- ✓ Dementia care
- ✓ End-of-life care

## OUR FACILITIES

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Halmer Court has 61 spacious single rooms, all with en-suite facilities, some have patio doors that access their own balcony area on the raised outside patio. The home is fully wheelchair accessible and there are many areas where people living in the home can relax or engage in meaningful activities. These include lounge areas, dining rooms, activity rooms, a hairdressing salon, a downstairs bistro and a bar with a snug area leading onto a balcony, all of which have been furnished to a very high standard. The outside areas include an activity garden where mini-golf, bowls and gardening take place; and a courtyard garden where people can sit and enjoy some quiet contemplation or spend time with family and friends.



## OUR TEAM

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Halmer Court care home hosts a team of care professionals as well as our excellent cleaning and maintenance staff. They are led by our home manager and supported by the wider Glenholme Healthcare Group.



**Judith "Jude" Reeve**

*Registered Home Manager*

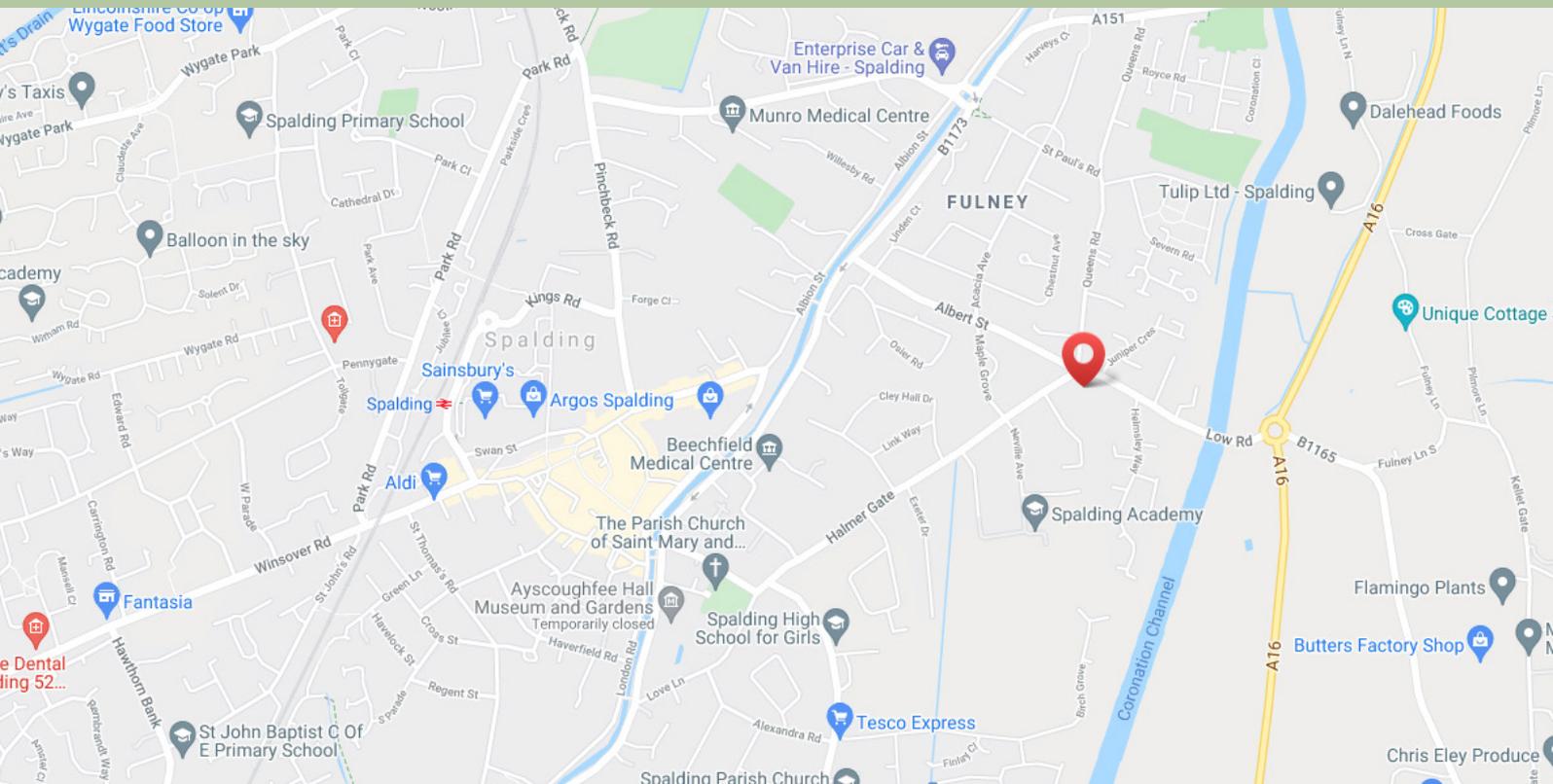
Jude is an experienced manager and former NHS nurse with over 23 years of experience working in care homes; specialising in older people care services including dementia care.

Jude and her team staff have undergone extensive checks prior to employment to ensure that they have the skills and qualities we require when working with vulnerable people. They are trained in health & safety, basic first aid, abuse awareness (safeguarding), administering medicine, infection control and the care certificate as well as other bespoke training as required.

# OUR LOCATION

Situated on the outskirts of central **Spalding**, the home is a few minutes drive from the local market place with its historic buildings and weekly market. The home is close to many of the historic sites in the heart of Spalding and surrounding areas. Springfield Shopping outlet with its restaurants, wide range of shops and beautiful, easily accessible gardens are also just a stone's throw away.

Those wishing to reach Peterborough, other neighbouring towns or beyond can take a bus from the town centre or via Spalding train station.



## ABOUT US

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Glenholme has been a leading provider of care and support services for over 30 years. We promote choice and independence and are committed to the happiness, health and safety of those we support. All our accommodation is modern and well maintained and is situated in attractive neighbourhoods so that those we support can benefit as fully as possible from community life.



# CARE PHILOSOPHY

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## Being supported by Glenholme means being safe.

Our priority is safety; both physically and emotionally. We believe that individuals should be supported to take positive risks whilst ensuring that they are protected from potential harm.

We recognise the importance of well-being which includes enabling access to external services to ensure physical and mental well-being.

## Being supported by Glenholme means being listened to.

Residents are at the centre of the services we provide. We discuss what matters to the individual so we can help them to live a fulfilling life with us. We work in partnership with them, their families and carers to achieve this; ensuring that the person's wishes and aspirations for their own life are at the centre of their care and support arrangements.

## Being supported by Glenholme means being included.

We encourage people to maintain their links with the local community. Halmer Court is well located to ensure that they can be part of local life.

## Being supported by Glenholme means having well trained care workers.

All Glenholme staff are trained to have the skills and confidence to deliver the best support possible.



## OUR MISSION

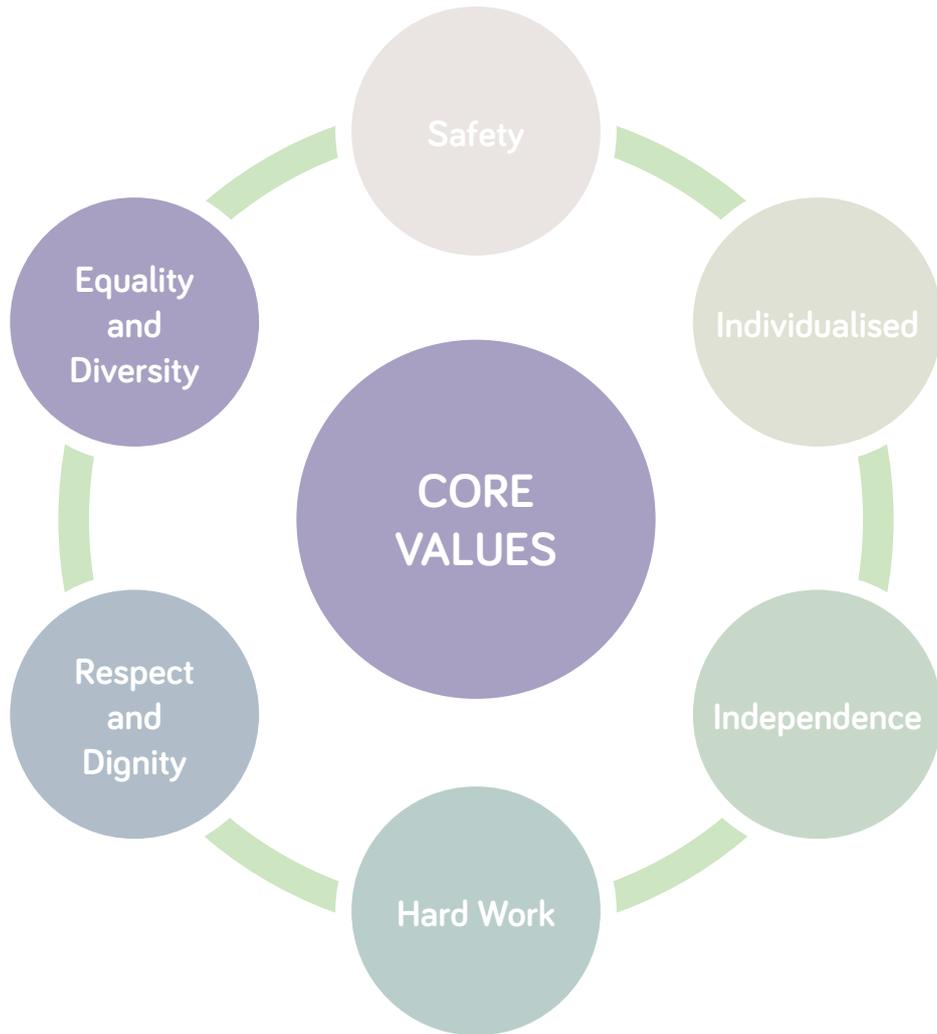
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FOR OUR SERVICE USERS AND STAFF TO BE  
HAPPY, HEALTHY AND SAFE TO ACHIEVE THEIR  
FULL POTENTIAL.

## OUR VALUES

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Glenholme is passionate about delivering safe, individualised care and support to promote independence, choice and inclusion. We work hard to provide the support we would want for our own family members. We believe in treating individuals, their families, friends and our staff with respect and dignity; placing a high value on equality and diversity. We do this by employing compassionate well-trained staff in our high quality, warm and welcoming homes.





## EATING TO 'LIVE WELL'

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Our experienced chefs carefully develop their weekly menus to produce food which are nutritious, seasonal and bespoke to our residents' preferences and dietary needs.

Residents can choose to eat in in one of the dining rooms or they can have meals served in their own rooms if they prefer. Breakfast is cooked or continental, a range of hot and cold dishes is available at lunch and in the evening. Snacks and fruit are available throughout the day, as is a choice of hot and cold drinks.

The bistro and bar areas can be used to socialise and enjoy a hot or cold drink with friends and family. In addition, those who would like to do some of their own cooking have the opportunities to do so.

## STAYING ACTIVE

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At Glenholme, we offer a range of activities and events to reflect the breadth of interests and passions of residents. Our managers work closely with the activities coordinators to develop programmes that support physical health and emotional wellbeing and prolong independence.

Activities include group exercises, film nights, entertainers, day trips, as well as opportunities to cook

independently or with family. In addition, we have an activities garden for with a bowling green, 4-hole mini-golf, a summer house and raised beds for gardening.

Those wishing for independent leisure time can spend time in a variety of lounges, the activity room, bistro and dining rooms and in addition, have the use of a variety of our spacious outdoor areas.





## COMPLETE SUPPORT FOR DAILY LIFE

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At Glenholme we are able to provide a continuum of support for an individual's ever evolving needs and desires, including staying active and maintaining independence.

### Glenholme support includes:

- **Personal support** – personal and social care, and attending healthcare appointments.
- **Life skills support** – domestic tasks, shopping, cooking, cleaning.
- **Activities and recreation**
- **Group & community activities**
- **Daytrips and outings**
- **Safety & 24-hour care**

## Residential Care

Residential care is available for individuals whose needs are low. They may need help with day-to-day tasks such as personal care and dressing but don't require more specialist care services such as nursing or dementia support. This is delivered through personalised care plans; drawn up with the individuals and their families. They are designed to maximise independence with the added security of 24-hour professional support.

## Dementia Care

Glenholme are committed to ensuring that people live well with dementia and use research-based practice to ensure this. Our spacious dementia wings are designed to assist with orientation. Points of interest can be found in communal areas which provide opportunities for meaningful activity. We encourage the involvement of family and friends to ensure your loved ones live a full and meaningful life to the best of their ability.

## Respite Care

Respite care is a short stay at a care home. It can be useful for recuperation following an illness or hospital stay, or as a means of providing a temporary break for a carer. Respite stays can last from a week to a few months. During their stay, individuals can benefit from all the home has to offer including the delicious and nutritionally balanced meals and the full range of activities provided.

# Glenholme



## Learn more about us:

Glenholme Halmer Court  
108 Halmer Gate, Spalding, PE11 2EL

Halmer Court:

☎ 01775 662 222

✉ [halmercourt@glenholme.org.uk](mailto:halmercourt@glenholme.org.uk)

Eton Main office :

☎ 0800 001 4311

✉ [reception@glenholme.org.uk](mailto:reception@glenholme.org.uk)

[www.glenholme.org.uk](http://www.glenholme.org.uk)